

Day 1: Monday									Day 2 Tuesday				
	9:45-10:45	10:45-11:15	11:15-12:30	12:30-1:30	1:00-3:00	3:00-5:00	5:00-7:00	Evening	7:00-8:00	8:00-10:00	10:00-1:00	1:00-1:45	1:45-2:30
Group 1	Arrive Introduction, meet Group Leaders Bags to cabins	Morning Tea	Ice Breakers + Group Formation	Lunch	Mountain Bike Skills session	Bushwalk	Shower and Cabin Time Dinner	School run sessions	Breakfast	Low ropes	High Ropes	Lunch	Program Wrap Up and Debrief Load Bags Depart
Group 2			Ice Breakers + Group Formation		Bushwalk	Mountain Bike Skills session				High Ropes	Low ropes		
Group 3			Ice Breakers + Group Formation		Low ropes	High Ropes				Bushwalk	Mountain Bike Skills session		

This is an indicative outline and activities may vary based on student needs, program outcomes or changing environmental conditions